

## **Community Service Connections**

### ***The Journey* Selma Bortner**

In *The Journey*, Selma Bortner uses fantastic images of people, animals, and monsters at sea to tell a story about her husband's battle with heart disease and her own battle with breast cancer. These diseases afflict people of all ages around the world, and every day people in the medical research profession battle to find cures. By hosting a lemonade stand, running a race, or selling handmade linoleum-cut note cards at a school fair, you can help the following organizations:

#### **The American Association for Cancer Research**

[www.aacr.org](http://www.aacr.org)

The AACR Foundation for the Prevention and Cure of Cancer seeks to provide researchers with the necessary funds to continue their vital work. This foundation does not organize national events for community involvement, so helping them would involve creating an event of your own and sending in the resulting donation.

#### **Alex's Lemonade Stand Foundation**

[www.alexlemonade.org](http://www.alexlemonade.org)

Alex's Lemonade Stand Foundation began with the idea of a four-year-old cancer patient, Alex, to host a lemonade stand whose proceeds could go to help her doctors fight cancer. The foundation is now active nationwide and continues to raise funds to cure pediatric cancer. All it takes is a table, a cooler, some cups, and a lot of lemonade to make a difference. You can also purchase a virtual cup of lemonade on the foundation's website.

#### **The American Heart Association**

[www.americanheart.org](http://www.americanheart.org)

The American Heart Association supports research, education, and community programs. It leads the fight against America's number one killer, cardiovascular disease. The association organizes many fund-raising events.

#### **The American Cancer Society**

[www.cancer.org/docroot/home/index.asp](http://www.cancer.org/docroot/home/index.asp)

The American Cancer Society seeks to prevent cancer and eliminate the suffering and death it causes. The society hosts events and programs so people of all ages and interest levels can participate in fund-raising efforts and support legislation on the local and national levels. Some of the society's programs include Relay for Life, Daffodil Days, Coaches against Cancer, and Making Strides against Breast Cancer. You could also host a local event of your own and make a donation to this organization.